

TOPPs Pyramid of Opportunities

Our training and support is FREE

Employment / Self-employment



Do you live in the Tilbury area?

Not in work?

Do you want to work?

We can help you!

Drop-in to see us at:
One Community Shop

134 Dock Road

Tilbury RM18 7BJ

Or, contact Frankie on

01375 485846

Email f.reynell@tacc.ac.uk

This project is part-funded by the ESIF and forms part of the Tilbury CLLD programme

Tilbury Opportunities (TOPPs): If you are not eligible for TOPPs project support then we have 4 other programmes to offer you.



One Community Development Shop is a locally grown initiative, created by community and voluntary groups and Tilbury and Chadwell residents.

One Community is about bringing together local people and groups to create a place to be proud of – making the best of the different experiences, backgrounds, skills and potential particularly in Tilbury, Chadwell and other parts of southern Thurrock. We can help with advice, skills development, Credit Union, access to training, life coaching, informal English improvement classes, work clubs and space to carry out partnership work.

Our Vision

To inspire and support local people to work actively together to achieve the best for themselves and the community.

Our objectives

- Develop the capacity and skills of local people
- Work in partnership with others to promote community wellbeing
- Manage or source affordable and accessible community facilities
- Create a sustainable, community anchor organisation

Telephone 01375 768233

E-mail info@onecommunity.org.uk

Website www.onecommunity.org.uk/



Thurrock Adult Community College courses are available to UK/EU residents, aged 19 and over who live in Thurrock. Our mission is to make a positive difference to local people and their communities. We offer free English, Maths and Confidence Boosting/Personal Development and Family Learning courses. Search the latest availability. Book online at www.tacc.ac.uk

Work related and qualification courses, up to Level 2, are free for learners receiving certain state benefits (such as JSA or ESA). If you are not eligible for a free or reduced fee course then courses between 11 and 15 weeks long can be paid in 2 instalments. Courses over 16 weeks can be paid for in 3 instalments. We also have a Discretionary Learner Support Fund for help with fees, childcare costs and other course related costs, including travel. Full details available from the enrolment page on our website or call our Learner Services team. It's never too late to learn!

Website: www.tacc.ac.uk

Telephone 01375 372476 or Freephone 0800 783 7733

Email: info@tacc.ac.uk



Thurrock Lifestyle Solutions (TLS) is a social enterprise trading as a Community Interest Company and was established in 2007. We are unusual in that our Governance insists that 100% of our Board are people who identify as Disabled. We were founded on the concept of Community Solutions, having disabled people as our experts by experience. We believe in social justice and the rights of disabled people. We want people to be treated as Equal Value Partners. From this we have developed several models of supporting people to live lifestyles of choice in their own communities. TLS took over the majority of Thurrock Council's disability services on the 1st of February, 2013 and in 2015 were listed as number one for the Eastern region Nat West SE100 index. Finalists in the UK Social Enterprise Awards 2017 in the Health & Social Care category.

Our Vision

A world where disabled people live with no barriers and have a positive community experience, their individual aspirations are met and they have total choice and control.

Telephone: 01375 370 460

E-mail: info@choiceandcontrol.co.uk



Would you like greater, or even just to keep your independence? Would you like more choice and control over your life? At Thurrock Centre for Independent Living (TCIL) we offer support and advice on a variety of issues which affect disabled people. The TCIL team can assist people with the majority of disability related issues from providing information or advising about a situation that simply requires completing an application form to a more complex situation that needs a formal advocate or complaint to be made, and many matters in between of concern to disabled individuals and their carers. If members of the TCIL team are not the most appropriate people to help, we will always try to suggest other options.

Advocacy - Thurrock Advocacy Service

Working in partnership with disabled people and taking their side, TCIL takes action to help disabled people say what they want, to secure their rights, to represent their interests and to help them obtain the services they need.

Work Experience - World of Work (WoW)

Contact us at The Beehive, West Street, Grays, RM17 6XP
Telephone: 01375 389 864